

Leduc County

Family & Community Support Services

Community Resource Guide



Phone 780-979-2385 • Toll-free 1-800-379-9052

Important Numbers

Emergency (Police, Fire, Ambulance).....	911
Addictions Services.....	866-332-2322
AIDS/HIV/STD Info Line.....	800-772-2437
Al-Anon and Alateen.....	888-425-2666
Alcoholics Anonymous.....	780-424-5900
Black Gold Regional Schools	780-955-6025
Brigantia Place Shelter.....	780-672-1035
Bullying Helpline.....	888-456-2323
Child Disability Resource Link.....	877-644-9992
Children's Mental Health Crisis Line.....	780-427-4491
Children's Services Crisis Unit.....	780-427-3390
Cocaine Anonymous.....	780-425-2715
Crime Stoppers Tips Line.....	800-222-8477
Edmonton Senior's Safe Housing.....	780-702-1520
Family Violence Information Line	780-310-1818
Food Bank.....	780-986-5333
Gambling Help Line.....	800-665-9676
HEALTH Link Alberta (24hrs).....	866-408-5465
Hospital (Leduc).....	780-986-7711
Hospital (Devon).....	780-342-7000
Hospital (Grey Nuns - Edmonton).....	780-735-7000
Hospital (University of Alberta - Edmonton).....	780-408-8822
Kids Help Phone.....	800-668-6868
Landlord/Tenant Information Line.....	780-644-3000

Literacy Help Line.....	800-767-3231
Mental Health Help Line.....	877-303-2642
Mobile Mental Health Crisis Line.....	780-482-0222
Narcotics Anonymous Hotline.....	780-421-4429
NASAP (Animal Protection).....	780-922-0250
Poison Control Centre.....	800-332-1414
RCMP (Leduc, Calmar, New Sarepta).....	780-980-7267
RCMP (Devon).....	780-987-3413
RCMP (Thorsby, Warburg).....	780-789-3950
RCMP (Beaumont).....	780-929-7267
Senior's Information Line.....	800-642-3853
Sexual Assault Centre (Crisis Line).....	780-423-4121
St. Thomas Aquinas Roman Catholic Schools.....	780-986-2500
Support Network Distress Line.....	780-482-4357
Victim Services.....	780-980-7232
Welcome Wagon.....	(contact local FCSS)
WIN House 24-hour Crisis Line.....	780-479-0058

211

What is 211?

- 211 is an easy-to-remember telephone number that connects people to a full range of non-emergency social, health and government services in the community. Twenty-four hours a day, seven days a week, certified *Information and Referral Specialists* answer 211 calls, assess the needs of each caller and link them to the best available information and services.

Leduc County FCSS

www.leduc-county.com

Bridges FASD Mentor Program.....780-955-6423

- Provides support to women 18 years and older, and their families, who have a diagnosis or strong indicators of Fetal Alcohol Spectrum Disorder.

Counselling Services.....780-955-6424

- Offers individual, group, and couples counselling.
- Subsidies for eligible individuals are available.
- Call for an appointment or for more information.

Community Support Services.....780-955-6424

- Provides information and referral services to individuals and families.
- Works with the Community Coordinators and other local groups on community development projects such as *Christmas Elves* and *Volunteer Income Tax*.
- Provides playschool subsidies to eligible families.

Family Support Services..... Leduc County: 780-955-6421 Graminia: 780-984-4286

- Provides resources and information for families and/or individuals experiencing stress or life changes.
- One-to-one support is provided through home or office visits as a short-term, skills-based prevention model.
- Offers workshops and groups.
- Services are free and voluntary.

Youth Services.....780-955-6421

- Provides strength-based support and information for youth and their families experiencing difficulty coping with life stressors.
- Offers community support with programs, groups and workshops.
- One-to-one support is provided through home, office or school visits.
- This services is free and voluntary.

Seniors Services.....780-955-4554

- One-to-one client support is available to connect seniors and/or persons with a disability to available resources within the community.
- Two subsidized cleaning programs are available to assist seniors and persons with a disability to help them maintain their independence and enhance their quality of life.

Outreach Home Support is a light housekeeping service that clients may access on a weekly or monthly basis.

Home Help is available in the spring and fall to assist clients with heavier cleaning chores within the home.

Family Connections.....780-955-6423

- **Home Visitation** is a long-term program for first-time parents. It provides support for day-to-day challenges as well as information on parenting and child development.

(continued next page)

- Home Visitors work with families in their homes and help parents build their strengths and develop skills. (Children must be prenatal to five-years).
- Program is free and voluntary.

Early Childhood Resource Program..... 780-955-4598

- Provides up to eight in-home, child-focused visits for families with children aged 0 to 6.
- These visits focus on advocacy, support, developmental screening, child development, and more.
- Provides community support for services focused on children aged 0 to 6 including customized workshops for parents, community members, and or service providers.

Parent Link.....780-979-2386

Toll Free.....1-866-979-2386

- Connects parents with children 0 to 6 years to resources in their communities.
- Offers parent education, programs for children, family support, information, and referrals.
- Offers customized programming to meet the needs of the community and determines those needs in consultation with the community.
- Offers parenting phone support throughout the Leduc County region.

Community Coordinators

Calmar.....	780-985-3191
New Sarepta.....	780-490-8082
Thorsby.....	780-789-4004
Warburg.....	780-848-2828

- Community support is available in any of the above community offices.
- One-to-one support is available for individuals and families in need of assistance to access services and fill out forms or to provide information and referrals.
- Provide public education and awareness on topics of interest to individuals or community groups.
- Administers Welcome Packages, Volunteer Income Tax, Christmas Elves, and playschool subsidies.

Resources by Topic

Aboriginal/Metis Services

- Aboriginal Consulting Services.....17
- Aboriginal Learning/
Alternative & Adult Education.....17
- Alberta Native Friendship Centres Association..... 19
- Bent Arrow Traditional Healing Society.....22
- Metis Child & Family Services Society.....41
- Metis Employment Services Edmonton.....41
- Native Counselling Services of Alberta.....42
- Native Senior Centre & Urban Native Housing.....42
- Oteenow Employment Centre..... 44
- Oteenow Employment & Training Society.....44
- Poundmakers Lodge Treatment Centre.....46

Alcohol & Drugs

- Addiction Counselling..... 18
- Al-Anon and Alateen.....1
- Cocaine Anonymous.....1
- Henwood Treatment Centre.....33
- Narcotics Anonymous Hotline..... 2
- Poundmakers Lodge Treatment Centre.....46

Children

- Babysitter Referral List.....21
- Bullying Helpline.....1
- CASA (Child & Adolescent Services Association)..... 24

• Child & Family Services (Edmonton & area).....	26
• Child Disability Resource Link.....	1
• Children’s Mental Health Centre.....	27
• Children’s Mental Health Services.....	28
• Children’s Mental Health Crisis Line.....	1
• Leduc/Strathcona Services for Children.....	39
• Metis Child & Family Services Society.....	41
• RAINBOWS™.....	39
• Robin Hood Association.....	48

Clothing

• Emergency Clothing & Furniture Depot.....	30
• Salvation Army Thrift Store.....	48
• Second Glance.....	48

Counselling

• Aboriginal Consulting Services.....	17
• Birth Control Centre.....	22
• Catholic Social Services.....	25
• Edmonton Mental Health.....	29
• Family Support for Children with Disabilities.....	31
• Karunia Counselling Clinic.....	34
• Leduc Mental Health Clinic.....	37
• Native Counselling Services of Alberta.....	42
• Options Sexual Health Association.....	44
• Pilgrim’s Hospice Society.....	45
• Riseup Ministries.....	47

Disabilities

- Alberta Aids to Daily Living (AADL).....18
- Assured Income for the Severely Handicapped.....21
- Canadian National Institute for the Blind.....24
- Child Disability Resource Link.....1
- Elves Preschool & Kindergarten Program..... 29
- Family Support for Children with Disabilities.....31
- Getting Ready for Inclusion Today (GRIT)..... 32
- Leduc Community Living Association.....35
- Leduc LINX Connect Centre..... 36
- Lifeline.....40
- MS Society of Canada.....41
- Northern Alberta Brain Injury Society.....43
- Persons with Developmental Disabilities.....45
- Robin Hood Association..... 48
- Seniors Services.....4
- Telecare Program.....50

Education

- Aboriginal Learning/Alternative & Adult Education...17
- Black Gold Regional Schools.....1
- Centre for Family Literacy.....25
- Public Libraries..... 37
- Personal Support & Development Network.....45
- St. Thomas Aquinas Roman Catholic Schools.....2
- Student Finance Information.....49

Employment

- Alberta Employment & Immigration.....18
- Apprenticeship & Industry Training..... 21
- Metis Employment Services Edmonton..... 41
- Oteenow Employment Centre.....44
- Oteenow Employment & Training Society.....44

Family/Parenting/Pregnancy

- Alberta Parenting for the Future.....19
- Bent Arrow Traditional Healing Society.....22
- Birth Control Centre.....22
- Catholic Social Services.....25
- Child & Family Services..... 26
- City of Leduc FCSS.....28
- Early Childhood Resource Program.....5
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- HEALTH Link Alberta..... 1, 33
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- Metis Child & Family Services Society..... 41
- OPTIONS Sexual Health Association.....44
- Outreach for Pregnant & Parenting Teens.....44
- Parent Link.....5
- Parenting After Separation.....45
- Pregnancy Care Centre.....46
- Robin Hood Association.....48

• Terra Association.....	50
• WIN (Women In Need) House.....	52
• Youth Services.....	4

Family Violence

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• Changing Ways Men's Group.....	26
• City of Leduc FCSS.....	28
• Edmonton Protection Order Program.....	29
• Family Support Services.....	3
• Family Violence Information Line.....	1
• Family Violence Prevention Centre.....	31
• Riseup Ministries.....	47
• Seniors Association of Greater Edmonton (SAGE).....	49
• Victim Services.....	51
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• Women's Emergency Accomodation.....	52
• YESS (Youth Emergency Shelter Society).....	52

Financial Assistance

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• Alberta Seniors Benefit Program.....	20
• Assured Income for the Severely Handicapped.....	21
• Canadian Mortgage & Housing Corporation.....	24
• Child & Family Services.....	26
• Child & Youth Financial Support Program.....	27
• Child Tax/Universal Childcare/Disability Benefits.....	27
• CPP/OAS/Guaranteed Income Supplement.....	28
• GST Credit.....	32

• KidSport Alberta.....	35
• Leduc County FCSS Subsidies.....	3 to 5
• Money Mentors.....	41
• Revenue Canada.....	47
• Student Finance Information.....	49

Food

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• Meals on Wheels.....	40
• WECAN Food Basket.....	51

Health/Medical/Mental Health

• Alberta Aids to Daily Living (AADL).....	18
• Alberta Health & Wellness.....	19
• Alberta Monitoring for Health.....	19
• Alzheimer Society.....	20
• Birth Control Centre.....	22
• Canadian Mental Health Association.....	23
• CASA (Child & Adolescent Services Association).....	24
• Child & Youth Financial Support Program.....	27
• Children's Mental Health Centre.....	27
• Children's Mental Health Services.....	28
• Edmonton Mental Health.....	29
• HEALTH Link Alberta.....	1, 33
• Homecare Program.....	33
• Hospital (Leduc).....	1
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• Hospital (Grey Nuns - Edmonton).....	1
• Hospital (University of Alberta - Edmonton).....	1

• Leduc & Area Student Health Initiative.....	35
• Leduc Mental Health Clinic.....	37
• Mental Health Help Line.....	2
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• MS Society of Canada.....	41
• Northern Alberta Brain Injury Society.....	43
• Office of the Public Guardian.....	43
• Pilgrims Hospice Society.....	45
• Poison Control Centre.....	2
• Primary Care Network.....	46

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• Bullying Help Line.....	1
• Children’s Mental Health Crisis Line.....	1
• Gambling Help Line.....	1
• Kids Help Phone.....	1
• Literacy Help Line.....	2
• Mental Health Help Line.....	2
• Mobile Mental Health Crisis Line.....	2
• Narcotics Anonymous Hotline.....	2
• Support Network Distress Line.....	2
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Housing/Shelter

• A Safe Place.....	17
• Alberta Senior Citizen Housing Association.....	20

• Brigantia Place Shelter.....	1
• Canadian Mortgage & Housing Corporation.....	24
• Children’s Services Crisis Unit.....	1
• Habitat for Humanity.....	32
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• Native Senior Centre & Urban Native Housing.....	42
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Immigration Services

• Alberta Employment & Immigration.....	18
• Catholic Social Services.....	25
• Changing Together.....	25
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Seniors

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Support

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• Thorsby Community Coordinator.....	50
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Youth/Teens

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• Beaumont Community Youth Centre.....	21
• Boys & Girls Club of Leduc.....	23
• Bullying Help Line.....	1
• Children's Mental Health Crisis Line.....	1
• CASA (Child & Adolescent Services Association).....	24
• Kids Help Phone.....	1
• KidSport Alberta.....	35
• Leduc & Area Student Initiative.....	35
• Leduc County FCSS.....	3 to 6, 36
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• Terra Association.....	50
• WIN (Women In Need) House.....	51
• YESS (Youth Emergency Shelter Society).....	52
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Alphabetical Listing of Resources

A Safe Place (24-hr Crisis Line).....780-464-7233

PO Box 3282, Sherwood Park, AB T8H 2T2

www.asafeplace.ca

A shelter for abused women and their children that provides secure accommodation, food, essential transportation, personal incidentals, non-prescription medication, practical assistance, and information. Counsellors can give you support, assist you with practical things, and give you information about abuse. The centre can provide you with information about available services and alternatives.

Aboriginal Consulting Services.....780-448-0378

#204, 10010 - 105 St., Edmonton, AB T5J 1C4

Provides Aboriginal specific support services that focus on individuals, families, and communities. Provides family and individual counselling, support in family violence situations, and referrals to other agencies/programs as required. Offers courses and workshops--topics may include parenting, teen relationships, family violence.

Aboriginal Learning & Alternative & Adult Education.....780-441-6000

Edmonton Catholic School District

9807 - 106 St., Edmonton, AB T5K 1C2

www.ecsd.net

Provides a variety of alternative programs for adults and students.

Addiction Counselling-Adult & Youth Outpatient

Alberta Health Services.....780-980-7580

24-hour hotline.....866-332-2322

4901 - 50 Ave., Leduc, AB T9E 6W7

www.albertahealthservices.ca

Provides programs and services for people affected by drugs/alcohol or gambling problems. Information and referral, public education, prevention programs, and treatment options are available.

Alberta Aids to Daily Living (AADL).....780-427-0731

10th floor, 10040 - 104 St., Edmonton, AB T5J 0Z2

www.seniors.alberta.ca/aadl

Helps Albertans who have a long-term disability, chronic illness, or terminal illness to maintain their independence at home, in lodges, or in group homes by providing financial assistance to buy medical equipment and supplies.

Alberta Employment & Immigration.....780-980-0557

4901 - 50 Ave., Leduc, AB T9E 6M1

www.employment.alberta.ca

Offers programs that deal with financial assistance, child support and health benefits, employment standards, workplace health and safety, career and employment, immigration and working in Alberta. Examples of programs include the *Alberta Works* and *Income Support* programs. For more information, please visit the website listed above.

Alberta Health & Wellness.....780-427-1432

PO Box 1360 Station Main, Edmonton, AB T5J 2N3

www.health.alberta.ca

Answers questions or concerns regarding personal health information and coverage.

Alberta Monitoring for Health.....780-423-2634

Suite 1020, 10117 - Jasper Ave., Edmonton, AB T5J 1W8

www.diabetes.ca

Enables Albertans with diabetes to access funding to cover a portion of the cost of eligible diabetes management supplies.

Alberta Native Friendship

Centres Association.....780-496-9890

15001 - 112 Ave., Edmonton, AB T5G 2A4

www.anfca.com

Supports the lives of Aboriginal people and encourages equal access and participation in Canadian society. Provides cultural classes, youth activities, clothing depot, food bank, and alternative and fine option programs. Free lunch on Fridays at noon and free dinners on Wednesdays at 6 p.m.

Alberta Parenting for the Future.....780-963-0549

PERC Building, 5413 - 51 St., Stony Plain, AB T7Z 1Y2

www.apfa.ca

Offers programs and services that address the expressed needs of parents, children and youth, as well as actively engages them in strengthening their connections within their families and community.

**Alberta Senior Citizen
Housing Association.....780-439-6473**
9711 - 47 Ave. NW, Edmonton, AB T6E 5M7
www.ascha.com

Promotes independence, dignity, choice, and quality of life for seniors in congregate living settings and publishes a housing directory of seniors' housing facilities across the province.

Alberta Seniors Benefit Program.....800-642-3853
PO Box 3100, Edmonton, AB T5J 4W3
www.seniors.alberta.ca

The Alberta Seniors Benefit program provides monthly supplements to low-income seniors over 65. The program also offers dental and optical benefits for seniors with moderate incomes as well as education property tax assistance for senior homeowners.

Alzheimer Society (Alberta & NWT).....780-488-2266
10531 - Kingsway Ave., Edmonton, AB T5H 4K1
www.alzheimer.ab.ca

Provides leadership in advocacy and education to ensure every person in Alberta and the Northwest Territories affected by Alzheimer's disease has access to appropriate support and resources.

Apprenticeship & Industry Training.....780-427-8517
Seventh floor, 10030 - 107 St., Edmonton, AB T5J 4X7
www.tradesecrets.gov.ab.ca

Trades people are trained and certified through the province's apprenticeship and industry training system. This world-renowned, industry-driven system uses a combination of on-the-job-training, work-experience, and technical training to build a highly skilled workforce.

Assured Income for the Severely Handicapped (AISH)
24-hour info line.....780-644-1364
#500, 12323 Stony Plain Rd., Edmonton, AB T5N 4B4
www.seniors.alberta.ca/aish

Provides financial and health benefits for adult Albertans with a permanent disability that severely impairs their ability to earn a living. The level of benefits depends on income and assets.

Babysitter Referral List..... 780-980-7120
Registry containing information on: clients looking for sitters, adults interested in babysitting children in their homes, or youth and teens interested in babysitting.

Beaumont Community Youth Centre.....780-929-5155
5202 - 50 St., Beaumont, AB T4X 1E5
www.beaumont.ab.ca

Operates a drop-in centre for youth aged 12 to 17. Youth can mingle and socialize with peers, and participate in various activities at the centre, such as jam sessions, movie nights, computer access, games, and special event programming.

Beaumont FCSS.....780-929-3322

5600 - 49 St., Beaumont, AB T4X 1A1

www.beaumont.ab.ca

Provides preventative social programming and community resources for adults, families, youth, children, and seniors. Also provides a counselling service.

Bent Arrow Traditional Healing Society.....780-481-3451

Second floor, 10117 - 150 St., Edmonton, AB T5P 1P2

www.bentarrow.ca

Programs include the spiritual, emotional, physical, and mental aspects of a person's life, their family, and their community. Programs and services provide Aboriginal people with opportunities to learn, grow and make positive choices for themselves and their families.

Birth Control Centre.....780-735-0100

East Edmonton Public Health Centre

7910 - 112 Ave., Edmonton, AB T5B 0C2 **or**

405 North Tower, 10030 - 107 St., Edmonton, AB T5J 3E4

www.albertahealthservices.ca

The Birth Control Centre offers services to those not able to afford/access birth control. Services include low-cost birth control, testing for STD, HIV, Hep B & C, pap testing, pregnancy testing and pregnancy options counselling. *This service is only available to individuals who do not have a family doctor or medical benefits.*

Boys & Girls Club of Leduc..... 780-986-3121
102, 4330 - Blackgold Drive, Leduc, AB T9E 3C3
www.leducboysandgirls.com

Provides a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships, and develop confidence and skills for life.

Breton FCSS..... 780-696-3636
4916 - 50 Ave., Box 480, Breton, AB T0C 0P0
www.village.breton.ab.ca

Provides preventative social programming and community resources for adults, families, youth, children, and seniors.

Calmar Community Coordinator..... 780-985-3191
4901 - 50 Ave., Calmar, AB T0C 0V0
www.calmar.ca

Provides support, information, and referrals to community members and develops and runs meaningful programs to address social needs of the community.

Canadian Mental Health Association..... 780-414-6300
800 Harley Crt., 10045 - 111 St., Edmonton, AB T5K 2M5
www.cmha_edmonton.ab.ca

Promotes mental health and provides community education. Supports people with a mental illness by providing social recreation, outreach, rehabilitation, affordable housing, and educational support including leadership and self-advocacy training.

Canadian Mortgage & Housing Corporation.....780-423-8700

#210, 10405 - Jasper Ave., Edmonton, AB T5J 3N4
www.cmhc-schl.gc.ca

Financial assistance takes the form of loans, forgivable loans, or non-repayable contributions and can be used to fund repairs, renovations, accessibility modifications, the creation of low-income rental units, and home adaptations. Programs are available for low-income households, seniors and persons with disabilities.

Toll-free Info Line.....1-800-668-2642

Canadian National Institute for the Blind.....780-488-4871

12010 - Jasper Ave., Edmonton, AB T5K 0P3

Source of support, information, and hope for all Canadians affected by vision loss. Staff and volunteers work in offices and often travel to provide support to clients in their homes and in rural communities.

**CASA.....780-342-2701
(Child & Adolescent Services Association)**

CASA Centre, 10645 - 63 Ave., Edmonton, AB T6H 1P7
www.casaservices.org

Offer a wide range of assessment and treatment programs as well as professional training and consultation. Programs range in intensity from early identification, assessment, and primary intervention to intensive tertiary level treatment.

Catholic Social Services.....780-432-1137

8815 - 99 St., Edmonton, AB T6E 3V3

www.catholicsocialservices.ab.ca

Offers programs including: individual and family counselling, group care and foster care for children and youth, FASD programs, parent-teen mediation, in-home family support services, settlement support services for newcomers, residential and outreach programs for persons with physical and/or developmental disabilities, residential programs for persons living with HIV/AIDS, and referral and support services for elder adults experiencing abuse or neglect.

Centre for Family Literacy.....780-421-7323

#201, 11456 - Jasper Ave. NW, Edmonton, AB T5K 0M1

www.famlit.ca

Provides a wide range of adult and family literacy programs as well as training, resources, information, and advocacy.

Changing Together.....780-421-0175

(A Centre for Immigrant Women)

Third Floor, 10010 - 105 St., Edmonton, AB T5J 1C4

www.changingtogether.com

Operates a place for immigrant women to meet and work together in solving their problems. Helps immigrant women participate fully in Canadian life. Helps immigrant women acquire employment skills and work experience through its volunteer program.

Changing Ways Men's Group.....780-439-4635

Edmonton Family Violence Centre

10041 - 81 Ave. NW, Edmonton, AB T6E 1W7

www.edmontonfamilyviolence.ca

Assists men to recognize their own abusive behaviours and encourages them to accept responsibility for changing these behaviours.

Child & Family Services..... 780-986-7869

(Edmonton and Area Region 6)

Crisis Line..... (day) 780-422-2001

(after hours) 780-427-3390

Child Care Subsidy Program..... 780-422-3077

Day Care Subsidy Program..... 780-427-0958

4901 - 50 Ave., Leduc, AB T9E 6W7

www.edmontonandareacfsa.gov.ab.ca

Working with communities to support children, youth, and families to succeed and reach their full potential through effective programs, services, and supports.

Child & Youth Financial Support Program....780-980-6610

4901 - 50 Ave., Leduc, AB T9E 6W7

www.child.alberta.ca

Provides financial and medical benefits for a child when the parents/guardians are unable or unwilling to care for the child, and the child is being cared for in another home of an adult caregiver. This program is intended to supplement some of the child's needs and offset some of the costs associated with the care of the child.

Child Tax/Childcare/Disability Benefits..... 800-387-1193

www.cra.gc.ca/benefits

Canadian Child Tax Benefit (CCTB) is a non-taxable amount paid monthly to help eligible families with the cost of raising children who are under the age of 18. The CCTB also includes the Child Disability Benefit; a benefit for families with children who qualify for the disability amount. The Universal Child Care Benefit is a new taxable monthly benefit paid to eligible families to help provide child care for children less than six years of age.

Children's Mental Health Centre..... 780-482-1717

10024 - 116 St., Edmonton, AB T5K 1V6

www.help2kids.com

Provides a full range of diagnostic and treatment services for children, adolescents, and their families.

Children's Mental Health Services.....780-342-2701

www.albertahealthservices.ca

Provides access to all publicly funded children's mental health services in the Capital Health region, with the exception of emergency and acute services. Referrals are accepted for children aged 5 to 17 who have a mental health concern or psychiatric disorder.

City of Leduc FCSS..... 780-980-7177

4721 - 47 Ave., Leduc, AB T9E 7J4

www.leduc.ca

Provides preventative social programming and community resources for adults, families, youth, children, and seniors.

Community Correctional Services..... 780-986-7979

4612 - 50 St., Leduc, AB T9E 6L1

Provides probation and other community based correctional services to adults and young offenders.

CPP/OAS/GIS.....800-277-9914

Service Canada Centre

9700 Jasper Ave., Edmonton, AB T5J 4C1

Programs are delivered by Income Security Programs branch of Human Resources and Social Development Canada. Basic financial support is also available to survivors and to people who become too disabled to work as well as their children.

Devon FCSS.....780-987-8325

1 Columbia Ave. W, Devon, AB T9G 1A1

www.devon.ca

Provides preventative social programming and community resources for adults, families, youth, children and seniors.

Drayton Valley FCSS.....780-514-2200

5120 - 52 St., Drayton Valley, AB T7A 1A1

www.draytonvalley.ca

Provides preventative social programming and community resources for adults, families, youth, children and seniors.

Edmonton Mental Health Clinic.....780-427-4444

9942 - 108 St., Edmonton, AB T5K 2J5

Assessment, diagnosis and treatment to residents of any age experiencing mental disorders or emotional distress.

Adult Mental Health Response Team.....780-342-7777

Edmonton Protection Order Program.....780-422-9222

www.legalaid.ab.ca

Helps victims of family violence with Protection Order documents, court procedures and Emergency Protection Orders. The program is free with no eligibility requirements.

Elves Preschool & Kindergarten Program.... 780-454-5310

10825 - 142 St., Edmonton, AB T5N 3Y7

www.elves-society.com

Serves preschoolers, children and adults who have developmental, cognitive, gross/fine motor delays and/or are medically fragile.

Emergency Clothing & Furniture Depot.....780-608-1681
4918 - 46 St., Camrose, AB
www.centracam.ca

The Emergency Clothing and Furniture Depot is open to the public for donation and emergency referral services between 9:30 a.m. and 3:30 p.m., Monday to Thursday. The ECFD is closed to the public on Fridays and stat holidays.

Family Centre..... 780-423-2831
#20, 9912 - 106 St. NW, Edmonton AB, T5K 1C5
www.the-family--centre.com

Offers a wide range of programs and services to individuals, families and workplaces on a fee-for-service basis (subsidy and sliding scale options).

Family Law Information Centre.....780-415-0404
1A Sir Winston Churchill Sq., Edmonton, AB T5J 0R2
www.albertacourts.ab.ca

Provides information about many services including the Child Support Guidelines, how to calculate child support, how to apply for or change a Queen's Bench Order in Alberta in various family law matters such as child support, spousal support, and child custody or access, and how to oppose a family law application in the Court of Queen's Bench of Alberta.

**Family Support for Children
with Disabilities (FSCD).....780-427-4354**

500, 10130 - 103 St. NW, Edmonton, AB T5J 3N9

Provides information, referral and advocacy supports, and family support services as well as assistance with counselling and certain extraordinary expenses.

Family Violence Prevention Centre.....780-423-1635

Edmonton John Howard Society

#401, 10010 - 105 St., Edmonton, AB T5J 1C4

www.johnhoward.org

Provide information and support to people affected by family violence, including advocacy, outreach, referrals, and non-emergency moving services.

Focus on 55+.....780-980-7115

This committee meets the second Wednesday of each month, except July and August, from 10 a.m. to 11 a.m. at Telford House, located at 4907 - 46 Street, Leduc, AB. The committee works to identify issues affecting seniors, facilitate movement on identified issues, share information and network with citizens and organizations. New members are always welcome.

Food Bank (Leduc & District).....780-986-5333

4810 - 49 Ave., Leduc, AB T9E 6L5 (enter from alley)

An emergency food service available to individuals and families in need from Leduc, Leduc County, Beaumont, New Sarepta, Nisku, Calmar, Thorsby, Devon and Warburg. Open Mon., Wed. and Fri. Call to make an appointment.

Getting Ready for Inclusion Today (GRIT)....780-454-9910
14930 - 114 Ave., Edmonton, AB T5M 4G4
www.gritprogram.com

Exemplary, fully-inclusive, early childhood program for children with developmental disabilities between the ages of 2 ½ to 5 ½ years.

GST Credit..... 800-959-1953
9700 - Jasper Ave., Edmonton, AB T5J 4C8
www.cra-arc.gc.ca

The GST Credit helps individuals and families with low or modest incomes offset all or part of the GST they must pay.

Habitat for Humanity.....780-479-3566
8210 Yellowhead Trail NW, Edmonton, AB T5B 1G5
www.hfh.org

Mission is to mobilize volunteers and community partners in building affordable housing and promoting homeownership as a means of breaking the cycle of poverty.

Health for Two..... 780-980-4644
www.albertahealthservices.ca

Provides education, support and assistance to pregnant women and teens. Clients must be pregnant to enter the program.

HEALTH Link Alberta.....780-408-5465

Toll Free.....1-866-408-5465

www.albertahealthservices.ca

Health advice and information 24 hours a day, seven days a week. Alberta Health Services provides complete health services to residents in the Cities of Edmonton, Fort Saskatchewan, Leduc, Spruce Grove and St. Albert; the Counties of Leduc, Parkland, Strathcona and Sturgeon; as well as the Town of Devon and communities in the eastern part of Yellowhead County. Alberta Health Services serves a total of 1.6 million people across central and northern Alberta.

Henwood Treatment Centre.....780-422-9069

18750 - 18 St. NW, RR6 LCD 1 Edmonton, AB T5B 4K3

Provides a residential treatment facility for men and women who are recovering from addictions.

Homecare Program

Community Care Access

Central Intake (no referral needed).....780-496-1300

Leduc.....780-980-4655

Thorsby.....780-789-4800

Devon.....780-342-7020

Coordinates and provides healthcare and support services to enable people to remain in their own homes. Homecare nurses are available to arrange medical and support services and to coordinate care in the home. Is also the local authorizer for special equipment and supplies available through the Alberta Aids to Daily Living Program.

**Immigrant Services Association..... 780-474-8445
(Edmonton)**

#201, 10720 - 113 St., Edmonton, AB T5H 3H8

www.eisa-edmonton.org

Provides programs and services designed to assist new immigrants, refugees, first generation Canadians, and immigrant groups regardless of age, gender, religion, nationality, or ethnic origin in order to facilitate their full integration in Canadian society.

Immigration Canada.....888-242-2100

www.cic.gc.ca

Admits immigrants, foreign students, visitors, and temporary workers; resettles, protects, and provides a safe haven for refugees; helps newcomers adapt to Canadian society and become Canadian citizens.

Karunia Counselling Clinic

To schedule an appointment, Leduc County residents may call **780-955-6424** and City of Leduc residents may call **780-980-7109**.

www.leduc-county.com

Individual, couple and family counselling provided in the City of Leduc and at outreach clinics in Calmar and Thorsby. Subsidy available for lower income families.

KidSport Alberta.....888-914-KIDS
Box 36107, Lakeview RPO, Calgary, AB T3E 7C6
www.kidsport.ab.ca

Not all kids have the opportunity to be involved in sports. For those who dream of hitting a homerun, playing goalie, shooting hoops, taking one for the team, and making new friends, it's all possible through KidSport. For a happier, healthier lifestyle for Alberta children, KidSport makes a difference.

La Leche League.....780-478-0507
Will refer you to local services.
www.lllc.ca

Monthly meetings where leaders facilitate informal, guided discussions where mothers receive accurate, up-to-date and personalized breastfeeding information and support for their role as a breastfeeding parent. In addition, mothers are able to draw on the experience of other mothers who attend.

Leduc & Area Student Health Initiative..... 780-955-6035
www.albertahealthservices.ca

A range of services are available to assist students who are experiencing emotional/behavioural, speech/language difficulties or medical issues.

Leduc Community Living Association.....780-986-4193
5007 - 47 St., Leduc, AB T9E 7H2

Provides support services and programs to individuals with developmental disabilities.

Leduc County FCSS.....780-979-2385

Fifth floor, 101, 1101 - 5th St., Nisku, AB T9E 2X3

www.leduc-county.com

Provides preventative social programming and community resources for adults, families, youth, children, and seniors. For a complete list of programs and services offered, please see pages 3 - 6.

Leduc Foundation.....780-986-2814

5118A - 50 Ave., Leduc, AB T9E 6V4

www.leducfoundation.ca

Provides affordable facilities, services, and housing throughout Leduc County to healthy, low-income seniors and to families requiring an opportunity to become self sufficient.

Leduc LINX Connect Centre.....780-980-9423

Learning. Inclusion. Networking. X-cellence.

5108 - 47 St., Leduc, AB T9E 6Y9

www.linxconnect.ca

Leduc LINX Connect Centre assists adults with developmental disabilities in identifying and achieving their goals through educational, employment, residential, and outreach services.

Leduc Mental Health Clinic.....780-986-2660
Mental Health Help Line..... 877-303-2642
4210 - 48 St., N.E. Annex, Leduc, AB T9E 5Z3
www.albertahealthservices.ca

Services include assessment, diagnosis, and treatment to area residents of any age experiencing severe or persistent mental disorders or moderate to severe emotional distress.

Leduc Public Library.....780-986-2637
#2 Alexandra Park, Leduc, AB T9E 4C4
www.leduclibrary.ca

Beaumont Library (Bibliotheque de Beaumont)
5700 - 49 Street, Beaumont, AB
780-929-2665
www.beaumontlibrary.com

Calmar Public Library
4705 - 50 Avenue, Calmar, AB
780-985-3472
www.calmarpubliclibrary.ca

continued next page

Devon Public Library

101, 17 Athabasca Avenue, Devon, AB
780-987-3720
www.devonpubliclibrary.ca

New Sarepta Public Library

5150 Centre Street, New Sarepta, AB
780-941-2432
www.newsareptalibrary.ca

Thorsby Municipal Library

4901 - 48 Avenue, Thorsby, AB
780-789-3808
www.thorsbymunicipallibrary.ab.ca

Warburg Public Library

5208 - 50 Avenue, Warburg, AB
780-848-2391

Leduc County RAINBOWS™ Program..... 780-955-6421
www.leduc-county.com **or**
780-955-4598

The RAINBOWS™ Program helps children, adolescents and single parents to heal a loss by encouraging participants to share their feelings with caring facilitators and others who have suffered similar grief. Through fun activities, games and discussions, RAINBOWS™ helps children to understand and accept the changes in their lives.

RAINBOWS™, Devon.....780-987-8325
RAINBOWS™, Beaumont..... 780-929-3322
RAINBOWS™, City of Leduc..... 780-980-7109

Leduc Regional Youth Justice Committee...780-986-0332
Works with the community to focus on youth crime and community policing. Works in partnership with Community Correctional Services.

Leduc/Strathcona Services for Children.....780-464-5803
#206, 937 Fir St., Sherwood Park, AB T8A 4N6
Match and place children needing care. Provide back-up care if a provider is ill or absent. Screen, approve, and supervise care providers. Scheduled or drop-in monthly visits. Subsidy available to qualifying parents.

Legal Aid.....780-352-3845
5201 - 50 Ave, Provincial Bldg, Wetaskiwin, AB T9A 0S7
www.legalaid.ab.ca

Provides a continuum of innovative and cost effective legal services for people in need. Appointments available in Leduc.

Alberta Law Line.....1-866-845-3425
The Law Line is a free service that provides confidential legal information and referrals to Albertans and legal advice to eligible callers over the telephone.

Lifeline.....866-784-1992
www.lifeline.ca

In the event of an emergency, help is available at the push of a button. The *Lifeline Personal Help Button* connects you to a trained personal response associate who can send help quickly - 24 hours a day, seven days a week.

Maintenance Enforcement (MEP).....780-422-5555
7th floor north, 10365 - 97 St., Edmonton, AB T5J 3W7
www.justice.alberta.ca

Enforces maintenance orders by collecting payments and forwarding them to the appropriate individuals. MEP can only enforce maintenance when the debtor, creditor, or Crown has registered with the program.

Meals on Wheels

Delivers meals at a low cost to those in need. Contact your local FCSS office to find out who to contact in your area for this service. This service may not be available in all areas.

Metis Child & Family Services Society.....780-452-6100
10437 - 123 St., Edmonton, AB T5N 1N8
www.metischild.com

Develops and provides programs that will preserve and strengthen the Métis family and develops community awareness of, and responsibility for, the well-being of Métis children and families.

Metis Employment Services Edmonton.....780-423-2237
#300, 12308 - 111 Ave. NW, Edmonton, AB T5M 2N4
www.metisemployment.ca

Offers a job bank, education funding, counselling, and more. Métis people register on a walk-in basis. Career counselling and placement services are offered to registered clients.

Money Mentors.....888-294-0076
175, 17010 - 103 Ave., Edmonton, AB T5S 1K7
www.moneymentors.ca

Helps Albertans learn how to budget, get out of debt, use credit wisely and get the most from their money. Free consultation. Call to book an appointment.

MS Society of Canada.....780-463-1190
OR
800-268-7582

#150, 9405 - 50 St., Edmonton, AB T6B 2T4
www.mssociety.ca

Provides wellness-focused services and education to persons living with multiple sclerosis, their families, members of the MS Society, the general public, and health care professionals.

Native Counselling Services of Alberta.....780-451-4002
10975 - 124 St., Edmonton, AB T5M 0H9
www.ncsa.ca

Provides a legal clinic, dispute resolution, cultural awareness workshops, parenting help, addictions counselling, community outreach, and a restorative justice program.

**Native Senior Centre &
Urban Native Housing.....877-476-6595**
Cottage E, 10107 - 134 Ave., Edmonton, AB T5E 1J2
www.nativeseniorscentre.ca

Designed to assist anyone requiring affordable and decent subsidized or non-subsidized rental housing.

New Sarepta Community Coordinator..... 780-490-8082
www.leduc-county.com

Provides support, information, and referrals to community members and develops and runs meaningful programming to address social needs of the community.

Northern Alberta Brain Injury Society.....780-479-1757
#229, 10106 - 111 Ave., Edmonton, AB T5G 0B4
www.nabis.ab.ca

Offers individual and group support services for families and persons with an acquired brain injury from a stroke, a head trauma, accidents, falls, anoxia, tumour, and infection. It also offers a community information exchange, a library, and support groups for survivors and caregivers.

Office of the Public Guardian.....780-427-0017
Fourth floor, 9942 - 108 St., Edmonton, AB T5K 2J5
www.seniors.alberta.ca

Provides appropriate decision-making mechanisms for individuals who are unable to make personal, non-financial decisions for themselves. The office encourages family members and friends to apply for private guardianship where possible and assists private guardians in fulfilling their guardianship obligations. As well, the office assists adult Albertans in planning future substitute decision-making under the Personal Directives Act.

OPTIONS Sexual Health Association.....780-423-3737

50, 9912 - 106 St., Edmonton, AB, T5K 1C5

www.optionssexualhealth.ca

Provides pro-choice, confidential, non-judgmental information, counselling and referrals on birth control, pregnancy options (adoption, parenting, abortion), post-abortion support, and decision making regarding issues of sexuality. Telephone counselling available. Provides free pregnancy testing.

Oteenow Employment & Training Society... 780-444-0911

#202, 10470 - 176 St., Edmonton, AB T5S 1L3

www.oteenow.com

The First Nation Society responsible for employment and training services in the greater Edmonton area. Enhanced services available to persons with disabilities, youth, women, unskilled workers, single parents, and adult males requiring special assistance.

Oteenow Employment Centre.....780-423-2340

14021 Victoria Trail, Edmonton, AB T5Y 2B6

www.oteenow.com

Provides information and services to address employment needs of First Nations individuals.

Outreach for Pregnant & Parenting Teens....780-986-9466

104, 4330 Blackgold Drive, Leduc, AB T9E 3C3

Offers young mothers a chance to finish their high school diplomas while learning parenting skills. Offered through Storefront School.

Parenting After Separation.....780-413-9805

www.albertacourts.ab.ca

Free, six-hour workshop to assist parents in understanding the process and effects of separation, and to encourage parents to make positive choices about how they will continue to parent their children after separation.

Personal Support &

Development Network.....780-702-9288

105, 10320 - 102 Ave., Edmonton, AB T5J 4A1

www.psdn.ca

Provides training and employment assistance to unemployed adults. Offers GED, job search, job placement and employability skills.

**Persons with Developmental Disabilities.....780-427-2817
(PDD) Edmonton**

10258 - 108 St., Edmonton, AB T5J 4Z7

Works with individuals, families, guardians, service providers, advocacy organizations, the community and others to support adults with developmental disabilities to lead lives as full citizens in their communities.

Pilgrim's Hospice Society.....780-413-9801

9808 - 148 St., Edmonton, AB T5N 3E8

www.pilgrimshospice.ca

Pilgrim's Hospice is committed to helping people with a life-limiting illness. The hospice provides family-centred, end-of-life care, caregiver support and bereavement services for children, teens, families and adults.

Poundmakers Lodge Treatment Centre.....780-458-1884

#1 Poundmaker Rd, St. Albert, AB T8N 3T5

Provides residential treatment for adults with addictions. Offers a 42 day residential treatment for all addictions for males and females over 18 years.

Pregnancy Care Centre..... 780-424-2624

OR

1-877-424-2685

11223 - 100 Ave., Edmonton, AB T5K 0J1

www.pregnancycarecentre.ca

24-hour Help Line. Offers confidential, free, peer-pro-life pregnancy counselling and support. Provides free pregnancy tests, ongoing support throughout the pregnancy, maternity clothing, resource referrals, and post abortion support.

Primary Care Network (PCN)..... 780-986-6624

The PCN is a community-focused initiative developed by Capital Health, Alberta Health and Wellness and physicians from the communities of Leduc, Devon, Beaumont and Calmar so patients can have improved access to health services. The physicians identified gaps in services and came up with the following services:

- [The After Hours Clinic](#)
- [A Seniors Clinic \(referral only\)](#)
- [A Chronic Disease Management Program](#)

The PCN provides ongoing bereavement support groups and is looking at developing more groups to support people dealing with chronic disease.

Provincial Courthouse.....780-986-6911

4612 - 50 St., Leduc, AB

www.albertacourts.ab.ca

Provincial Courthouse and information centre.

Revenue Canada

Income Tax Inquiries.....800-959-8281

Refunds.....800-959-1956

Suite 10, 9700 Jasper Ave., Edmonton AB T5J 4C8

www.cra-arc.gc.ca

Administers tax, benefits, and related programs and ensures compliance on behalf of governments across Canada, thereby contributing to the ongoing economic and social well-being of Canadians.

Riseup Ministries..... 780-739-7473

Box 5437, Leduc, AB T9E 6L7

www.riseupministries.ca

A faith-based, charitable organization that provides personal counselling, support groups and educational resources for women impacted by domestic abuse. Educational seminars are available to both church and community groups about prevention and responses to domestic abuse.

Robin Hood Association..... 780-467-7140

141 Broadway Blvd., Sherwood Park, AB T8H 2A4

www.robinhoodassoc.com

Early Intervention Program. Available to children from birth to 3 ½ years who may be experiencing developmental delays or have a diagnosed disability. Provides home-based programming, playgroups, support networks, and consultation with families.

Salvation Army Corps..... 780-352-2416

Emergency..... 780-360-2769

5010 - 51 Ave., Wetaskiwin, AB T9A 0V1

www.wetaskiwin.salvationarmy.ca

Whether it's food, clothing, emergency accommodation, medication, help with budgeting, or even emotional support and spiritual encouragement, you can find help at The Salvation Army.

Salvation Army Thrift Store (Leduc)..... 780-986-8861

4911 - 50 Ave., Leduc, AB T9E 6W7

www.ab.salvationarmy.ca

Second-hand clothing and household items available at low cost for families and/or individuals in need.

Second Glance..... 780-986-1450

5607B 50 St., Leduc, AB T9E 6Z4

Provides second-hand clothing, household items, and much more for individuals and families.

Seniors Association of Greater Edmonton (SAGE)..... 780-423-5510

15 Sir Winston Churchill Square, (102A Ave. and 100 St.)
Edmonton, AB T5J 2E5

www.mysage.ca

Provides information and housing services, Edmonton Seniors' Safe Housing, relocation services, and guardianship services. Also provide lawyer referrals and information about personal directives and enduring power of attorney, seniors' social work services, programs and activities, home services, and health services.

Student Finance Information.....780-427-3722

Alberta Learning Information Service

www.alis.alberta.ca

Provides information for student financial assistance.

Student Legal Services.....780-492-2226

Emily Murphy House, 11011 - 88 Ave., Edmonton, AB
T6G 0Z3

www.slsedmonton.com

Provides free legal information and assistance to the low income community in Edmonton. Provides legal information through distribution of printed materials and lectures in schools and in the community. Matches law students with public interest organizations to provide pro-bono legal support services.

TeleCare Program..... 780-431-3630

8861 - 75 St., Edmonton, AB T6C 4G8

www.gss.org

Provides emergency response equipment loans and 24-hour monitoring services for seniors and individuals with health concerns.

Terra Association..... 780-428-3772

Terra Centre, 9930 - 106 St., Edmonton, AB T5K 1C7

www.terraassociation.com

Responds to the issues and challenges of pregnant and parenting teens. Works with pregnant/parenting teens to help them with parenting skills, accessing community resources, and prenatal health. Offers support groups, career planning, Healthy Families program, housing support, in-house family support, and labour support.

Thorsby Community Coordinator..... 780-789-4004

4917 Hankin St., Thorsby, AB T0C 2P0

www.village.thorsby.ab.ca

Provides support, information, and referrals to community members. Develops and runs meaningful programming to address social needs of the community.

Veterans Affairs..... 866-522-2122

Suite 940, 9700 Jasper Ave., Edmonton, AB T5J 4C3

www.vac-acc.gc.ca

Helps provide for the economic, social, mental, and physical well-being of Canadians and allied war veterans and their dependents.

Victim Services.....780-980-7232

#1, 4119 - 50 St., Leduc, AB T9E 7L9

www.leducvictimservices.ca

Volunteer Advocates are on-call 24/7 with the RCMP to provide immediate assistance, support, and information referral to victims of crime or tragedy. All services are free, confidential and can include court preparation, updates, and accompaniment for victims or witnesses of crime.

Warburg Community Coordinator.....780-848-2828

5212 - 50 Ave., Warburg, AB T0C 2T0

www.villageofwarburg.ab.ca

Provides support, information, and referrals to community members and develops and runs meaningful programming to address social needs of the community.

WECAN Food Basket.....780-986-1890

OR

780-986-6721

4614 - 48 St., Leduc, AB (United Church)

Call to order. Please go to the building to pick up your order. Provides families and individuals the opportunity to buy food at reduced prices.

Wetaskiwin FCSS.....780-361-4425

(also covers the Millet area)

4705 - 50 Ave., Wetaskiwin, AB

www.county.wetaskiwin.ab.ca

Provides preventative social programming and community resources for adults, families, youth, children, and seniors.

WIN (Women In Need) House.....780-471-6709
Crisis Line.....780-479-0058
www.winhouse.org

Provides crisis intervention, support, referrals, and information about family violence to women who are residents of WIN House or calling on the 24-hour crisis line.

Women's Emergency Accomodation..... 780-423-5302
9611 - 101A Ave., Edmonton, AB T5H 3V5
www.e4calberta.org

Secure, supervised emergency housing for women. Provides food, shelter, support, and referrals. Refers to Elizabeth House (exit shelter). Women with children cannot be accommodated.

YESS (Youth Emergency Shelter Society).....780-468-7070
9310 Whyte Ave., Edmonton, AB T6C 0Z6
www.yess.org

Provides long and short-term residential programs for youth under 18 years with no viable living alternative. Provides outreach, support line, family mediation, life skills training, and referrals.

YMCA Edmonton.....780-429-9622
www.edmonton.ymca.ca

Creates life-enhancing opportunities for the growth and development of all people in spirit, mind, and body.

YWCA Edmonton.....780-423-9922

#100, 10350 - 124 St., Edmonton AB T5N 3V9

www.ywcaofedmonton.org

Through leadership, advocacy, and support for women and their families, the YWCA Edmonton creates strong, inclusive communities that value women's perspectives.

Notes



Thank you for using our resource guide.

If this booklet is missing agencies, services, or any other information, please contact us using the information listed to the right.

This guide is also available on our website at:
www.leduc-county.com

Leduc County FCSS

101, 1101 - 5 Street
Nisku, Alberta T9E 2X3

Phone: 780-979-2385

Fax: 780-955-4765

Email: fcssinfo@leduc-county.com

Website: www.leduc-county.com

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